

Why doesn't my hair ever do what I
want it to do?
If only I was a little shorter
My nose is off center
I need to lose some weight
Why didn't he choose me?
If I was pretty I could be more popular
If only I made it in the musical
They always whisper when I walk by
Where am I going in life?
I feel empty
hopeless
Ugly
Unattractive
Unloved

I am worthless

Why do I have to get braces

If only I was a little taller
My ears are too big
I am too fat
I wish I could talk to her without
stuttering
If only I had more stylish clothes
I wish I had more friends
They always laugh
Why don't my parents approve of my
choices
I feel alone
Failure
Weak
unpopular
Rejected

I am worthless